







# Northamptonshire Mental Health Prevention Concordat: Action Plan

Last Updated: 08.11.22

## BRAG Key

	Commenced - Off Track. Barriers to Effective Recovery
	Commenced - Off Track. Recovery plan in place
	Commenced - On Track for completion within Timescale
	Completed/ Embedded
	Status not known
	Not Commenced

Domain 1: Understanding local needs and assets					
Objective	Action	Timescale	Output	Owner	BRAG
Undertake Mental Health JSNA taking a life-course approach, with additional particular focus on priority and vulnerable groups at system, place and neighbourhood level	1.1 Engage with partners to understand available data and sources of information	August 2022 - January 2023	JSNA	Victoria Ononeze	
	1.2 Collate and analyse national and local sources of quantitative and qualitative data and evidence, including from local services and those with lived experience	July 2022 - February 2023	JSNA	Jason Kent	
	1.3 Engage with colleagues and partners to map local assets to support positive mental wellbeing	December 2022 - February 2023	JSNA	Louise Harrington	
	1.4 Develop system, place and neighbourhood level understanding of mental health and wellbeing, gaps, risk and vulnerable groups to inform development of mental health and wellbeing strategy and action plan and local area profiles	July 2022 - February 2023	JSNA	Victoria Ononeze	
	1.5 Sign off All-age mental health JSNA	Jun-23	Published JSNA	Anne Rackham	
	1.6 Implement actions from the suicide prevention strategy action plan	October 2022 - Summer 2025	Suicide Prevention Action Plan	Henna Parmar	
	1.7 Support the implementation of the health inequalities plan working closely with LAPs, Prevention workstreams and Equalities Enabler Leads	October 2022 - March 2023	ICS Health Inequalities Plan	Rhosyn Harris?	
Domain 2: Partnerships and alignment					
Objective 1	Action	Timescale	Output	Owner	BRAG
Enhance partnership working and join up across partners at system, place and neighbourhood levels	2.1 Development of a mental health and wellbeing prevention and promotion action plan	August - September 2022	MH Prevention Concordat Action Plan	Victoria Ononeze	
	2.2 Support the establishment of a Northamptonshire Integrated Care System Population Health and Prevention Board to provide strategic and overarching leadership on prevention across the system	September 2022 - January 2023	ICS Population Health and Prevention Board	Victoria Ononeze	
	2.3 Ensure linkage into the Personalisation Care Board, and the Population Health Management Strategy, and the Health and Wellbeing Boards	September 2022 - January 2023	Mental Health Prevention Concordat Action Plan	Morgan Price	
	2.4 Review ToR and membership of MHLDA Population Health and Prevention Pillar to strengthen alignment to wider prevention priorities	September - November 2022	Updated ToR and membership	Dion Hunt	
	2.5 Review and strengthen linkages across MHLDA Population Health and Prevention Pillar and Healthy Minds, Healthy Brains Pillar to ensure joined up approach to mental health and wellbeing cross the life-course	September - November 2022		Dion Hunt & Cazz Broxton	
	2.6 Ensure that addressing identified mental health risks and needs are core to the work of the MHLDA Equalities Enabler health inequalities plan and the wider ICS Health Inequalities plan		ICS Health Inequalities Plan MHLDA Equalities Enabler Health Inequalities Plan	Lenea Nyamapfeka	
Objective 2	Action	Timescale	Output	Owner	BRAG
Ensure close working with mental health experts by experience, inclusion health groups and those from communities at risk of experiencing poor mental health	Work closely with experts by experience, LAPs, Well Northants, Community Wellbeing Forums community development workers, VCSE partners and those they represent from areas with high levels of multiple deprivation, from inclusion health groups, and communities at risk of experiencing poor mental health to:				
	2.6 Identify gaps and overlaps in provision and ineffective ways of working	January - March 2023	Mental Health Prevention Concordat Action Plan	Victoria Ononeze	
	2.7 Co-produce evidence-based proposals for funding via Population Mental Health Strategy budget	December 2022 - March 2023	Mental Health Prevention Concordat Action Plan	Dion Hunt	
	2.8 Quarterly review of Prevention Concordat commitments ensuring alignment with mainstream ICS and local authority plans and priorities	Ongoing	Mental Health Prevention Concordat Action Plan	Dion Hunt	
Domain 3 (a): Taking action on prevention and promotion of mental health					
Objective	Action	Timescale	Output	Owner	BRAG
Develop approaches to increase awareness of and support for positive mental health and well-being and reduce stigma related to mental illness	3a.1 Develop suite of evidence-based proposals using Population Mental Health Strategy funding (2022-23)	September 2022 - March 2023	Evidence-based proposals	Dion Hunt	
	3a.2 Develop a Mental Health Campaign Plan to increase community discussion around MH and minimise stigma		Aligned Mental Health Comms Plan	Victoria Ononeze	
	3a.3 Commission Stay Alive app to promote local mental health resources and support pathways	01/07/2022	App commissioned	Henna Parmar	
	3a.4 Design and implement a package of MH Awareness and training for NHCP System workforce	August 2022 - March 2025	All-age MH awareness & suicide prevention training framework	Sue Bennett	
	3a.5 Undertake mapping of local and national resources available to support positive mental health and wellbeing	February - April 2023	Map of local & national resources	Louise Harrington	
	3a.6 Implementation of Healthy Schools Programme taking a whole-school approach to mental health and wellbeing			Sara Petty?	
	3a.7 Develop Public Mental Health and Wellbeing Strategy and associated Action Plan based on recommendations from JSNA	January - March 2023	Public MH & wellbeing Strategy & action plan	Victoria Ononeze	

	3a.8 Explore external funding streams for Early Intervention/ Preventative initiatives aimed at Place and Neighbourhood levels		Funding applications	Dion Hunt	●
	3a.9 Further roll-out of MHSTs in 'X' more schools across the county		X' more schools with MHSTs		
	3a.10 Support the development and commissioning of parent-infant relationship service for the County to support positive and nurturing early relationships	July 2022 - April 2023	Commssioned County-wide parent-infant relationship service	Abdu Mohiddin?	●
	3a.11 Deliver psychoeducation and respite for mental health carers			Sarah Hillier	
<b>Domain 3 (b): Taking action to reduce mental health inequalities</b>					
<b>Objective</b>	<b>Action</b>	<b>Timescale</b>	<b>Output</b>	<b>Owner</b>	<b>BRAG</b>
<b>The ICS will reduce mental health inequalities starting with the Core20Plus5</b>	3b.1 'Core20' - Small grants community development programme addressing most deprived areas and inclusion health groups	January - June 2023?	Small grants awarded	Lenea Nyamapfeka	
	3b.2 'Plus' - focus on priority groups within the ICS Health Inequalities Plan and as identified by the MH JSNA	November 2022 - November 2023	Equalities action plan	Rhosyn Harris	
	3b.3 '5' - 5 key clinical areas. Implement Primary Care Incentive Scheme to support achievement of Annual Health Checks to >60% of SMI Register	November 2022 - Nov 2023	>60% annual health checks of SMI register	Morgan Price	
	3b.4 Support the development of social prescribing initiatives including mental wellbeing support for those with multiple long-term conditions	November 2022 - November 2024		David Smart?	
	3b.5 Work closely with 4 PCNs to address physical and mental health and wellbeing to help inform future work/wider roll-out	Continuous		Tim Lloyd?	
<b>Domain 4: Defining success/measuring outcomes</b>					
<b>Objective 1</b>	<b>Action</b>	<b>Timescale</b>	<b>Output</b>	<b>Owner</b>	<b>BRAG</b>
<b>Agree, measure and report on identified outcomes</b>	4.1 Alignment of outcomes with ICS Outcomes Framework	February - April 2023	MHLDA Population Health & Prevention Pillar outcomes identified	Victoria Ononeze	
	4.2 Place and neighbourhood-level outcomes, indicators, measures and reporting mechanisms to be developed	July 2022 - December 2022	Place and Neighbourhood level outcomes & indicators identified	Rhosyn Harris	
	4.3 Mental Health Action Plan to include the identification of short, medium and long-term outcomes, indicators, sources of data and measurement approaches, aligning with national frameworks and requirements	April - June 2023	MHLDA Population Health & Prevention Pillar indicators and measure identified	Victoria Ononeze	
	4.4 Embed outcome measures and robust evaluation of effectiveness into planning and commissioning processes	Continuous	Evaluation Framework	Morgan Price	
	4.5 Identify a MH champion from ICB and MH champions from relevant departments and organisations across the system, including amongst elected members	?	MH Champions identified and engaged	Anne Rackham	
<b>Objective 2</b>	<b>Action</b>	<b>Timescale</b>	<b>Output</b>	<b>Owner</b>	<b>BRAG</b>
<b>Existing agreed outcomes/ indicators</b>	4.6 Reduce suicide by 10% across Northamptonshire by 2025	September 2022 - September 2025	Action Plan implemented	Henna Parmar	
	4.7 Reduce self-harm admissions (15-19-year-olds)	September 2022 - September 2024	Deep dive	Cazz Broston	
	4.8 Increase the proportion of people with severe mental illness who receive Annual Health Checks to in excess of 60% and proportion referred to healthy lifestyle services (in particular smoking cessation)	November 2022 -March 2024	Enhanced pathway in primary care	Morgan Price	
	4.9 Reduce the gap in life expectancy between people living with mental illness and the general population	Continuous	I		
	4.10 Schools take up whole school programme	November 2022 - March 2024	Increased number of schools adopting approach	Sara Petty	
	4.11 Proportion of frontline practitioners including GPs trained in suicide mitigation	March 2023 - March 2026		Sue Bennett	
<b>Domain 5: Leadership and direction</b>					
<b>Objective</b>	<b>Action</b>	<b>Timescale</b>	<b>Output</b>	<b>Owner</b>	<b>BRAG</b>
<b>Ensure partnership-wide leadership and vision for promotion of mental health and wellbeing and prevention of poor mental health</b>	5.1 Establish a Northamptonshire Health and Care Partnership Integrated Prevention Board	November 2022 - March 2023	MHLDA Population Health & Prevention Board	Anne Rackham	●
	5.2 Develop 'alliance' arrangements that bring providers and people with lived experience of mental health together to make strategic decisions about service priorities and the use of funding for mental health and wellbeing	Continuous	Alliance arrangements developed	Anne Rackham	
	5.3 Reassess how we commission and deliver local services to maximise opportunities for good mental health and wellbeing for all	Continuous	Services more responsive to needs	Morgan Price	
	5.4 Set a percentage of Mental Health Improvement Grant towards prevention, to grow year on year	Continuous	Increased early intervention and prevention services	Dion Hunt	